

Centre Pass





October 2011 edition

Welcome to Centre Pass, **the** newsletter for netball in Surrey and southwest London. This edition covers: Club and school news, Leagues, Events, Awards and recognition, Coaching & officiating, Funding, Competition and Talent development.

Who's who in netball

Laura Wilson is the Surrey and southwest London Netball Development Officer, based Surrey Sports Park in Guildford. If you want to find out more information on netball clubs, competitions and training within Surrey and southwest London contact Laura on: Tel: 07595 863761 or email: lauraw@englandnetball.co.uk or check out www.surreynetball.co.uk

Club and school news

Primary School Membership

England Netball is offering FREE membership to all primary schools who want to be involved in High 5 Netball. Join in the High 5 Netball fun at your school and enjoy the benefits of membership to the sport's governing body – you will be able to access free online training resources, regular e-newsletters, digimags and a host of special offers. To register please visit the High-5 pages of the England Netball website: http://www.englandnetball.co.uk/my-game/High-5.



Weybridge Vandals



Weybridge Vandals NC now has a new junior section training at Sir William Perkins School in Chertsey. This is the only junior club based in Runnymede and therefore a fantastic new opportunity for local youngsters to get club coaching. Elaine Searle, Club Captain, says "We're really thrilled to be expanding our netball club with the addition of a junior section. We welcome younger players who are looking to build on the netball skills they learn in schools and offer them the opportunity to develop further. These new players will form the future of our club".

Linda Sewell, Head Coach, says "Netball is a fun and fast-paced game and everyone should give it a go! We're really excited about providing quality

netball coaching to youngsters and hope to inspire a passion for the great game of netball which will last a lifetime." Junior training for 11–16 year olds is on Thursdays at 6.45pm at Sir William Perkins's School. Contact Sally Emmas at vandalsjuniornetball@gmail.com or call Claire Ridley on 07917 428 270.

Leagues

Nonsuch Junior League

A new look and expanded Nonsuch Junior league restarted this season with three divisions (Division A, Division B & High-5) played over 12 Sunday fixtures. The league also incorporated five new clubs; Ashtead All Stars, CD Phoenix, Epsom Oaks, Weybridge Vandals and Wandsworth NC. The league now has 65 participating teams and thanks to a grant from Surrey County Netball Association the clubs received subsidised entry to the league to assist with the league expansion and development.

Surrey County U16 League

The Surrey U16 league kicked off at Surrey Sports Park in Guildford on Sunday 16th October 2011. The league consists of two divisions of 8 teams and this season the league is pleased to welcome Surrey Heath NC and Richmond Ravers NC into the league. The league provides girls with the opportunity to take part in high level competitive indoor match play and is a great stepping stone to adult netball.



For full league information and results please visit: www.surreynetball.co.uk

<u>Superleague</u>

England Netball has launched a newly structured Superleague for the upcoming season. The new league structure will be transformed from last season with nine teams now reduced to eight. Surrey Storm will be joined in the new FIAT Netball Superleague with Hertfordshire Mavericks, TeamBath, Northern Thunder, Celtic Dragons, Loughborough Lightning, Team Northumbria and newcomers Yorkshire Jets. The new league format will see each franchise play each other once home or away at the start of the campaign,



before the league splits into two separate four-team tiers. Teams in the top and bottom tier will play each other home and away in move which is hoped will increase competitiveness.

At the end of proceedings the top 3 teams in tier 1 will qualify automatically for the Finals Series while the fourth

place team will play a one off game at home against the team that finishes fifth, top of the second tier, for the last remaining slot in the semi-finals. The new FNSL season gets underway on the weekend of January 21st 2012 and will conclude with the Grand Final Weekend on May 19th and 20th.

For Surrey Storm match tickets and information please visit the Surrey Storm website: www.surreystormnetball.co.uk.

Events

London Back to Netball Tournament



Back to Netball Festival Participants

attending one of the many Back to Netball sessions already running in the region.

Players were able to register as teams or individuals and there were 12 participating teams. After a fun evening of netball, team 'Ignite' won gold by beating 'Blackrock' in the final by only one goal. The festival was a resounding success and future events are currently being planned. For more information on your local Back to netball session please visit the Back to Netball pages of the England Netball website: www.englandnetball.co.uk/backtonetball

England Netball London & SE in partnership with Southwark council hosted a free Back to Netball Festival on Friday 22nd July 2011 at the Geraldine Mary Harmsworth Park (GMH), Southwark.

The festival was for people that were new to netball and/or



Team Ignite

World Netball Series (WNS) Fastnet Tournament



The top six teams in the world will be competing once again in the World Netball Series in Liverpool in November 2011. The six countries competing in the competition, in IFNA World Ranking order are; New Zealand, Australia, England, Jamaica, South Africa and Fiji. In the space of three hours, spectators will witness some of the world's greatest netball, promising a fast, ferocious and vibrant competition raising the profile of the sport and attracting new participants and fans. A number of innovative rule changes have been introduced for this high profile Series, designed to test the fitness, technical ability and tactical

awareness of the best players in the world. Each game will be played over four, six-minute quarters, with shooters being able to score 2 point shots from outside the circle therefore promising an awesome, high-energy spectacle. Since last year's event the new rules have been adopted by teams at all levels worldwide. For more information please visit the World Netball Series website: www.worldnetballseries.com.

Awards and Recognition

Goalden Globes - National Success



The Goalden Globe Awards are England Netball's way of recognising the outstanding achievements and dedication of its volunteers.

Many congratulations to Patricia Balcombe of Surrey Heath NC who beat a number of strong nominations to win the National Grassroot Coach Award on Saturday 17th September in Leicester.

The Grassroots Coach Award is presented to a

volunteer coach who has made an outstanding contribution to getting more people engaging, growing and staying in netball through high quality coaching.



Patricia Balcombe

Surrey Lions Awards

Surrey County Netball Association held their third Lion Awards this summer to say a massive thank you to



Cara Smith & Carol McGrail

its huge volunteer workforce. The awards were presented at the SCNA AGM and there were winners in 4 categories. Many congratulations to all the winners:

- Young Netballer of the Year Charlotte Carbery, Cobham NC
- Netball Teacher of the Year Cara Smith, Coloma (Winner) & Jo Grant, Woodcote High School (Runner-up)
- Long Service Awards Jackie Rowland, Croydon Netball

League & Julia Martin, Greenacres League Young Volunteer of the

Year - Amy Robinson, Chequers NC & Emma Witcombe, Lifeline NC & Charlotte Butler Lifeline NC.

Nominations are now open for the 2012 awards. Please visit the Surrey County Netball Association website for further details or to download a nomination form: www.surreynetball.co.uk.



Charlotte Carbery & Carol McGrail

Coaching and officiating

Coaching Workshops

Surrey will be hosting a 'Sharp Shooting – Essential Shooting Skills for Netball' workshop in February 2012.

The workshop will examine the technique of shooting and the associated game strategies





linked to this position namely, shooter rotation, balance, 'T' position and the support of attacking players on the circle edge. The coach will be introduced to observation and analysis skills and will acquire knowledge of the common errors and corrective measures linked to various phases of the shooting action.

Workshop details are as follows:

Sharp Shooting: Tuesday 7th February 2012, 6.30pm - 9.30pm, St Georges College, Weybridge. £25.00 affiliated / £35.00 non affiliated. To book a place please visit the coaching pages of the Surrey netball website:

http://www.surreynetball.co.uk/#/new-junior-coaching/4536750905

To be added to the coaching courses mailing list please contact Laura Wilson email: Lauraw@englandnetball.co.uk or tel 07595 863761.

High-5 Netball Workshops

High 5 is the fun, exciting way for 9–11 year olds to get involved in netball. Thousands of English primary schools are taking part and have seen their pupils become more confident, outgoing individuals through this engaging form of the game. High 5 involves rotating positions and leadership roles to encourage maximum participation and skill development. The game aligns with Key Stage 2 requirements helping to develop physical, social and tactical competencies through High 5 Netball.



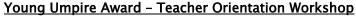
Two workshops are being held in Surrey to help support the delivery of High-5 in primary schools:

* Workshop 1 - Principles of High-5: This workshop allows teachers, coaches and leaders to be familiar with the philosophy and principles behind High 5 Netball and be able to deliver the game.

Thursday 3rd November 2011 at Surrey Sports Park, University of Surrey, Guildford. 4.00pm - 6.00pm.

*Workshop 3 - High-5 Umpire: This workshop provides teachers and coaches with the rules of the game and how to umpire High-5.

Thursday 24th November 2011 at Surrey Sports Park, University of Surrey, Guildford. 4.00pm - 6.00pm. Workshops cost £15.00 for affiliated and £20.00 for non affiliated attendees and last 2 hours.





England Netball have introduced a new leadership award aimed at 13 – 18 year olds to promote the development of Youth Officiating. This award has been designed specifically for young people and will introduce them to the generic skills of umpiring. This is a 6 hour course with a practical assessment.

To be able to deliver this award teachers need to attend a teacher orientation workshop.

The next teacher orientation workshop is to be held in Purley on Wednesday 23rd November 2011 from 4.00pm – 7.00pm. If you would like to book a place on this workshop please contact Laura Wilson email: <u>Lauraw@englandnetball.co.uk</u> or tel 07595 863761.

Coach Observation Opportunities

If you are looking to improve your coaching, England Netball London & South East are offering all coaches the opportunity to observe high performance sessions in the Regional Excel Programme and with the Surrey Storm Talent squad.

By attending these sessions you will:

- Observe high performance coaches
- Meet other coaches from across the Region
- Gain new practice ideas
- Receive information on the Excel Pathway
- Observe high performance players in a training environment
- Q&A opportunities

For further session information, dates and times please contact Laura Wilson email: Lauraw@englandnetball.co.uk or tel 07595 863761.



Emma Blackmore, Regional Excel Coach

UKCC Netball Courses

A new UKCC Level 1 netball course has just been confirmed in Surrey & SW London for the upcoming season:

• Surrey Sports park, Guildford - 18th, 19th August & 23rd September 2012

For details of all UKCC courses please visit the coaching pages of the England Netball website: www.englandnetball.co.uk.

Possible funding is available to assist with course costs, please contact Laura Wilson for more information on: Tel: 07595 863761 or email: lauraw@englandnetball.co.uk.

Officiating

Officiating courses in Surrey are run by Surrey County Netball Association.

If you would like to attend an officiating course please contact the SCNA course administrator, Jane

Reuben: jane@southmont1.plus.com.



A 'C' Award Umpire course has just been confirmed for Sunday 11th December 2011 in Cheam, please contact Jane for more details.

If any up and coming umpires would like to practice and develop their umpiring skills, there are a number of junior leagues that would be very grateful for your assistance. Please contact Laura Wilson for more information on: Tel: 07595 863761 or email: lauraw@englandnetball.co.uk.

Talent Development

England Netball Excel Programme

The Netball Excel Pathway is the England Netball process for developing athletes with the attributes to attain excellence. The programmes within the pathway are focused on developing athletes to reach their potential and form the foundations to enable England Netball to be the Number 1 Ranked Team in the World.

These programmes provide performance-enhancing training for individuals, not squads. Competition is outside the Excel Pathway Programmes, in clubs (county and regional leagues) and school competition. Congratulations to the 29 girls that were selected into the Surrey County Academy this season. Over 140 girls attended trials in May and competition for places was extremely tough. A full list of County Academy squad members can be found on the talent pages of the Surrey Netball website: www.surreynetball.co.uk.

Six Surrey girls have also successfully achieved a place in the London & South East regional Excel programme this season after trials in July. Many congratulations to those selected:

- 1. Sharifah Burford Coloma Convent
- 2. Alima Priest Coloma Convent / HS NC
- 3. Lara Davison Guildford County / Cobham NC
- 4. Rhea Dixon St Georges College / Whitton NC
- 5. Louise Rose Godalming College / The Downs NC
- 6. Luci Delaney Guildford High / Guildford NC

Charlotte Carbery (Cheam High / Gems NC) also remains in the England U17 Excel training programme and has attended a number of England Netball training camps and receives regular national Excel training.



Superleague Talent Team

Congratulations also to the following 3 Surrey girls who were selected into the Surrey Storm National Talent League (NTL) squads for this season:

- Charlotte Carbery Gems NC / Cheam High School
- Alima Priest HS NC / Coloma Convent
- Louise Rose The Downs NC / Godalming College

The National Talent League (NTL) features ten regionally based teams of young netballing stars, including eight teams linked to existing Netball



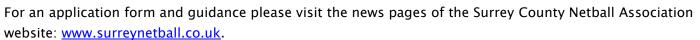
Superleague franchises, with two further sides, based in the South region and the West Midlands. Each team will play nine matches during the season. The league was created to provide an opportunity for England's most promising young netballers to hone their skills and impress the national selectors en route to the senior game. We wish these girls the best of luck this season and look forward to seeing them on court! Please visit the Surrey Storm for match information and tickets: www.surreystormnetball.co.uk.

Funding

Surrey County Netball Association small grants scheme

Surrey County Netball Association supports clubs and individual players / umpires / coaches by offering a Small Grant Scheme. Grants will be available for:

- Equipment
- Education
- Assistance towards participation in national competition, either for individuals or a club







This funding pot provides a fantastic opportunity for clubs, schools, organisations, local authorities and individuals to provide new netball opportunities in London. The funding covers a range of areas and activities that support England Netballs strategic objectives. Funding of up to £4000 will be allocated to projects, activities and programmes that meet the funding criteria.

Sutton Schools, CMO Netball Club, Kingston University, Harris Academy Merton and Kingston College have all recently benefitted from Funding for Netball in London. To



download a Funding for Netball In London application form please visit www.londonandsoutheastnetball.co.uk.

Primary Schools Grant

Another new funding pot that has been released by England Netball London & SE to help support the delivery of High-5 netball in Primary schools. Applications are welcomed from any England Netball affiliated primary school within the London and South East Region, which includes primary schools in all 33 London Boroughs and the counties of Surrey and Kent. To download a Primary Schools Grant scheme application form please visit www.londonandsoutheastnetball.co.uk.



Back to Netball Coaching Bursary



Get fit, have fun, make friends

A brand new coaching bursary has been introduced by Active Surrey to support the development of coaches who would like to be involved in delivering Back to Netball sessions. This bursary will assist with the cost of attending a UKCC Level 1 or Level 2 coaching course. If you are currently a Back to Netball attendee, a club player that would like to help increase their club's membership or an individual that is keen to get involved in netball coaching, then this bursary is available to support your development.

If you would like further information regarding this bursary scheme please contact Laura Wilson: Tel: 07595 863761 or email: lauraw@englandnetball.co.uk.

For more information on the Back to Netball programme please visit the Back to Netball pages of the England Netball website: www.englandnetball.co.uk/backtonetball.

Mayors Legacy Fund

The Mayor's Sports Legacy Fund subsidises the cost of training courses (including UKCC Netball) to increase the number of Londoners working and volunteering in sports and physical activity, and up-skill those already involved, leading up to the 2012 Games.

The programme is part of the London Mayor's multi-million pound investment into the city's sporting infrastructure and is managed by The National Skills Academy for Sport and Active Leisure.



You can get up to 75% off UKCC course costs if you meet the funding criteria. Please visit www.sportactivensa.com for an application form and more information.

Other useful contacts



Surrey County Netball Association: www.surreynetball.co.uk

The Surrey County Netball Association are the voluntary voice of netball within Surrey and south west London.



England Netball London and SE Region: www.londonandsoutheastnetball.co.uk

There are nine Regional Units in England covering the separate regions across the country. Each unit has a full- time Regional Manager and a Regional Support Staff. Working alongside their elected County and Regional Management Boards (RMBs), the Units develop and facilitate the delivery of all aspects of netball within their region.



England Netball: www.englandnetball.co.uk

England Netball is the governing body for netball in England and operates over nine regions. Surrey and south west London is part of the London & southeast region.



Surrey Storm: www.surreystormnetball.co.uk

Surrey Storm are our local Netball Superleague team. The Netball Superleague is made up of the top eight teams in England & Wales and shown weekly on Sky Television.



Active Surrey Sports Partnership (ASSP): www.activesurrey.com

The Active Surrey Sports Partnership continues to support Surrey's volunteers and professionals. ASSP is the strategic sports development lead and aims to make Surrey a more successful and active sporting county.



Proactive South London: www.pro-activesouthlondon.org

Pro-Active South London (P-ASL) is a partnership of organisations with a common interest in developing sport and physical activity in the London boroughs of Bromley, Croydon, Kingston-upon-Thames, Merton, Richmond-upon-Thames, Sutton and also Wandsworth.



Pro-active Central London: www.pro-activecentrallondon.org

PRO-ACTIVE Central London is one of five sub-regional sport and physical activity partnerships operating across Greater London covering the boroughs of Camden, Islington, Kensington & Chelsea, Lambeth, Southwark, Wandsworth and the City of Westminster.

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