



# Centre Pass



October 2012 edition

Welcome to Centre Pass, the newsletter for netball in Surrey and southwest London. This edition covers: Club and school news, Leagues, Talent development, Back to Netball, Events, Awards and recognition, Coaching & officiating and Funding.

## Who's who in netball

Laura White is the Surrey and southwest London Netball Development Officer, based at Surrey Sports Park in Guildford. If you want to find out more information on netball clubs, competitions and training within Surrey and southwest London contact Laura on: Tel: 07595 863761 or email: [lauraw@englandnetball.co.uk](mailto:lauraw@englandnetball.co.uk) or check out [www.surreynetball.co.uk](http://www.surreynetball.co.uk)

## Club and school news

### CAPS

Congratulations to HS Netball Club, Wandsworth Netball Club and CMO Netball Club who have all achieved Bronze CAPS accreditation this summer.

CAPS is the England Netball Club Action Planning Scheme, with Bronze CAPS accreditation being the equivalent of the **Sport England Clubmark** accreditation. The aim of CAPS is to help clubs develop and be the best they can, ensuring that young players reach their full potential, and giving parents the confidence that their children are attending a safe, quality club. A brand new CAPS benefits package has recently been launched by the London & SE team to reward and recognise those clubs with CAPS accreditation and details can be found on the London & SE website: [www.londonandsoutheastnetball.co.uk](http://www.londonandsoutheastnetball.co.uk). Clubs can now register for CAPS for FREE via the 'Clubs' pages of the England Netball website: [www.englandnetball.co.uk](http://www.englandnetball.co.uk).



### Waterloo Netball Net Coaching Grant



Lyn & Christalla of Waterloo Netball

Waterloo Netball has successfully achieved funding from the Co-Operative Bank to support two local parents in undertaking a UKCC Level 1 Netball Coaching qualification. Over the last few years Lyn Mead & Christalla Michaelidis have been volunteering at a local Waterloo Primary school and are now keen to further their skill set and become more involved in their local club. Waterloo Netball was formed earlier this year and now trains twice a week with girls aged 9 and over. If you would like more information on the club please email Melanie Tighe at [waterloonetball@hotmail.co.uk](mailto:waterloonetball@hotmail.co.uk).

### Surrey Heath on Tour

Surrey Heath Netball Club took their under 13 squad for a weekend away filled with netball and outdoor activities in October 2012. During the day the girls played in a netball tournament and took part in various outdoor activities, then in the evening enjoyed a number of arranged activities including a bonfire and disco.

The Surrey Heath squad were very excited when they took 2nd place in the plate tournament & had medals to bring home to show their parents.

The netball weekends are run by JCA and held at Conover Hall in Shropshire. This is the 2nd year the club have attended and all the girls thoroughly enjoyed the experience.

For more information on JCA netball weekends visit: [www.jcanetball.co.uk](http://www.jcanetball.co.uk) and for details of Surrey Heath NC visit the club website: [www.stingersnetball.org.uk](http://www.stingersnetball.org.uk).



Surrey Heath U13 squad

### **Junior Gems**

Gems Netball club has been successfully running as a senior club since 1998. The club are based in Kingston and their first team currently play in division 2 of the London and south east regional league. In September 2012 the club expanded to include a new junior section to give training opportunities to local girls and help support the development of the club. The junior section is currently open to girls in school years 9 and 10 and trains on Tuesday evenings at Holy Cross Senior School in New Malden. For more information on Gems NC please contact Helen Crabb: [helsbelles18@hotmail.com](mailto:helsbelles18@hotmail.com) or visit the club website: [www.gemsnetball.co.uk](http://www.gemsnetball.co.uk).



### **Chequers Charity Tournament**



Hannah Reid & Cup Winners Tatsfield NC

Chequers Netball Club hosted a charity netball rally on Saturday 1st September to raise money for SHHIRT (Samuel Hardgrave Harlequin Ichthyosis Research Trust – the only registered UK charity dedicated solely to research into Harlequin Ichthyosis and improving the lives of those affected by it).

The charity was formed in September 2010 following the short life of Samuel Hardgrave, who died aged just 37 days. Sam's parents, Jamie and Clare, who is a long standing member of Chequers, wanted to do something to ensure that Sam's legacy would help others.

The rally saw 24 teams compete together and 'Team GB' were lucky enough to have Surrey Storm player Hannah Reid make a guest appearance in their team! Alongside the netball there was face painting, glitter tattoos, a bouncy castle, a cake stall, a raffle, a tombola and BBQ to make the day enjoyable for all the family. The day managed to raise over £1000 for the charity. Tatsfield won the cup and Cats won the plate, teams were presented their award by Hannah Reid.

## **Leagues**

### **Surrey County U16 League**



The Surrey U16 League continues to provide high level indoor match play to Surrey's top U15 and U16 club players. The league has become crucial in supporting player development and this season 16 teams are participating in the league across 2 divisions.

League fixtures and results can be found on the Surrey Netball website: [www.surreynetball.co.uk](http://www.surreynetball.co.uk).



Nonsuch Junior League Players

### Nonsuch Junior League Gets Online

Since its creation in 2008 the Nonsuch Junior League has snow balled into one of the biggest junior leagues in the country. This is all thanks to the tireless work of its committee made up of representatives from participating clubs. Now in its 5<sup>th</sup> year the league has once again expanded to incorporate 19 clubs, 90 teams, 5 age groups and over 600 girls. With A & B Divisions in all age groups, the emphasis is to encourage a high standard of competition together with an ethos of participation and 'fair play' between the clubs and players. The league now also has its own website with all league information and results: [www.nonsuchnetball.co.uk](http://www.nonsuchnetball.co.uk).

## Talent Development

### England Netball Excel Programme

The Netball Excel Pathway is the England Netball process for developing athletes with the attributes to attain excellence. The programmes within the pathway are focused on developing athletes to reach their potential and form the foundations to enable England Netball to be the Number 1 Ranked Team in the World.

Congratulations to the 22 girls that were selected into the Surrey County Academy (U16 & U18) this season. Over 160 girls attended trials and competition for places was extremely tough. A full list of County Academy squad members can be found on the talent pages of the Surrey Netball website: [www.surreynetball.co.uk](http://www.surreynetball.co.uk). Eight Surrey girls have also successfully achieved a place in the London & South East regional Excel programme after trials in July. Many congratulations to those selected:



Surrey County Academy Members 2012 / 2013

<b>Alice Paremain</b> Guildford High / Guildford NC	<b>Harriet Saunders</b> Lingfield Notre Dame / CD Phoenix NC
<b>Alima Priest</b> Coloma Convent / Gems NC	<b>Katie Northall</b> St Georges College / Cobham NC
<b>Asante Chapman</b> Thomas Knyvett College / The Downs NC	<b>Rhea Dixon</b> St Georges College / Whitton NC
<b>Charlotte Carbery</b> Cheam High / Gems NC	<b>Sharifah Burford</b> Coloma Convent / Sabina NC

Alima Priest also remains in the England U19 Excel squad and has attended a number of England Netball training camps and receives regular national Excel training.

## Superleague Talent Team

Congratulations to the following 5 Surrey girls who were selected into the Surrey Storm National Talent League (NTL) squads for this season:

- Alima Priest – Gems NC / Coloma Convent
- Charlotte Carbery – Gems NC / Cheam High
- Louise Rose – The Downs NC
- Rhea Dixon – Whitton NC / St Georges College
- Sharifah Burford – Sabina NC / Coloma Convent

The National Talent League features ten regionally based teams of young netballing stars, including eight teams linked to existing Netball Superleague



Surrey Storm NTL members:  
Alima, Sharifah, Rhea, Louise & Charlotte



franchises, with two

further sides, based in the South region and the West Midlands. Each team will play nine matches during the season. The league was created to provide an opportunity for England's most promising young netballers to hone their skills and impress the national selectors en route to the senior game. We wish these girls the best of luck this season and look

forward to seeing them on court! Please visit the Surrey Storm for match information and tickets:

[www.surreystormnetball.co.uk](http://www.surreystormnetball.co.uk).

## **Back to Netball**

### Surrey Back to Netball Festival



'Storm in a teacup' and 'Guildford Gale' team members

Surrey held its' first Back to Netball festival this summer at Surrey Sports Park in Guildford.

Thanks to the success of the programme in the county 16 teams took part in the event, which aimed to encourage women back to the game and promote the Back to Netball scheme.

The festival was very well received (despite the rain!) and played in a fantastic spirit.

The festival was won by Ashtead Aces Back to netball group after a great final against Chertsey Arts Cafe.

Another festival is planned for summer 2013. To find your local Back to Netball session just visit the

Back to Netball pages of the England Netball website: [www.Englandnetball.co.uk/backtonetball](http://www.Englandnetball.co.uk/backtonetball).

### Back to Netball continues to thrive

Since 2010, over 22,000 women have returned to netball through the Back to Netball programme. England Netball's Back to Netball provides a gentle introduction for female players over sixteen years of age. Sessions are coach led and cover basic skill development and court play. The emphasis of these sessions is on learning new skills and having fun playing Netball with friends. Whether it is about rediscovering sporting abilities you forgot you had or about getting active again, these sessions cater for all abilities.



The Back to Netball programme continues to go from strength to strength in Surrey with over 15 sessions running across the county and new sessions being recently created in Hampton, Oxshott, Weybridge, Walton and Kingston.

Hillcrest Netball Club has run a Back to Netball session since the beginning of the year and it has proved a real success. The club has had really good attendance at sessions and also gained a number of new club members as a result of the programme. The club recently held a presentation evening for the Back to Netball ladies which included a fun match against husbands!



Hillcrest Back to Netball ladies vs husbands match

To find your local Back to Netball session

please visit the Back to Netball pages of the England Netball website:

[www.Englandnetball.co.uk/backtonetball](http://www.Englandnetball.co.uk/backtonetball). If your club would be interested in running a Back to Netball session to generate new members and provide an opportunity for local ladies please contact Laura White: [lauraw@Englandnetball.co.uk](mailto:lauraw@Englandnetball.co.uk).

## Events

### SCNA 80<sup>th</sup> Anniversary Celebrations



Surrey County Netball Association will be holding a “CELEBRATION DINNER” to celebrate 80 years of Netball in Surrey at The Selsdon Park Hotel on Friday 21st June 2013. SCNA are hoping that this will be a very special evening for Surrey Netball and will be sending out more information when available so please put the date in your diaries.

### P&G Surrey Youth Games

The 2012 Proctor & Gamble Surrey Youth Games was held on the weekend of the 16<sup>th</sup> and 17<sup>th</sup> June 2012 at Surrey Sports Park in Guildford. The Surrey Youth Games is Surrey’s largest community youth sport event, in which all eleven districts and boroughs in Surrey enter teams into thirteen different sporting events. The aim of the Games is to develop sport in Surrey in



High-5 Netball winners.Tandridge

terms of players, coaches, officials and volunteers.

Three netball events are included in the event; High-5 Netball, Junior Netball (under 13) and Senior Netball (under 15).

A fantastic team of young officials umpired the High-5 netball event after attending a specially organised beginner umpire course. Four of these girls have since gone onto attend the C award umpire course after receiving funding from the SYG Gatwick Airport Volunteers bursary. Five netball coaches involved in the games also received a bursary towards coaching



Alima Priest signing players t-shirts

qualifications which they will use to help support development at their local junior club. This year's event saw Tandridge enter the High-5 event for the first time and come away with the trophy. Reigate and Banstead won both the junior and senior categories after a competitive and enjoyable day of netball. Surrey Netballer and England U19 squad member Alima Priest, dropped in to meet the Netball competitors, giving out medals and answering their questions about what it takes to reach the top. Full 2012 results were as follows:

Event	1st	2nd	3rd
High-5 Netball	Tandridge	Guildford	Reigate and Banstead
Junior U13 Netball	Reigate and Banstead	Epsom & Ewell	Waverley
Senior U15 Netball	Reigate and Banstead	Mole Valley	Surrey Heath

## Awards and Recognition

### Surrey Lions Awards

Surrey County Netball Association held their fourth Lion Awards this summer to say a massive thank you to its huge volunteer workforce. The awards were presented by Carol McGrail, SCNA Chair at the AGM in June 2012 and there were winners in 7 categories. Many congratulations to all the winners:



Sophie Clarke



Gwen Andrews



Gill Gardner



Lorraine Miller

- 🏆 Young Netballer of the Year – Alima Priest, Gems NC
- 🏆 Netball Teacher of the Year – Rachael Reeves, Godalming College
- 🏆 Long Service Award – Gwen Andrews, Tiffin NC
- 🏆 Young Volunteer of the Year – Sophie Clarke, Roundwood NC
- 🏆 Coach of the Year – Lorraine Miller, George Abbot School
- 🏆 Umpire of the Year – Louise Travis, International umpire
- 🏆 Muriel McNally Award\* – Gill Gardner, Dorking NC & Nonsuch Junior League

\*The Muriel McNally Award is presented to a volunteer who has made an outstanding contribution to the development of netball at grassroots level for 10 years or more.

Nominations are now open for the 2013 awards. Please visit the Surrey County Netball Association website for further details or to download a nomination form: [www.surreynetball.co.uk](http://www.surreynetball.co.uk).

### Epsom & Ewell Sports Awards

Congratulations to Karen Chapman of Focus Juniors NC (previously Epsom Oaks NC) for being named as 'Volunteer of the Year' at the Epsom & Ewell Sports Awards.

Karen played a pivotal role in the development and expansion of Focus Junior NC. She has worked with the coaches to develop the club from weekly sessions to a fully functioning, sustainable and safe netball club. Over the last 2–3 years she has spent endless time liaising with parents, collecting subs and managing the coaches, bookings and finance.

During her time, the club has not only grown in number of members (from 15 to 50+) but she has been an integral part in providing support to developing coaches and volunteers. As a result of her flexibility and willingness to support coaches, the club now have two Level 2 coaches, one Level 1 coach and another coach waiting to complete their Level 1 qualification. Karen is not only the club's secretary and treasurer but is also working on building a club website and is constantly looking to move the club forward.

Karen has now been nominated forward to the Surrey Sports Awards on 9<sup>th</sup> December and we wish her the best of luck.



Karen Chapman

### **P&G Community Matters 2012 campaign**



Weybridge Vandals Juniors

The winners of the Elmbridge and Woking Proctor & Gamble (P&G) Community Matters campaign were recently announced at a Surrey awards ceremony and two netball clubs were very lucky beneficiaries. The campaign looked to reward local groups who helped young people in the community to get involved with amateur sport.

Weybridge Vandals NC received a silver prize of £1000 that has been ear-marked to be invested in driving recruitment for the junior section, kit and training equipment, and generally supporting this fledgling area of the netball club.

High 5 Netball club from Woking was awarded a discretionary grant of £750 to enable two coaches to attend their level 2 coaching qualifications in January 2013 and support the continued development of the club.

### **Hillcrest's Got Talent**

Hillcrest U11 netball team have been named finalists in the Surrey Mirror Young Sports team of the Year Awards. The team have been playing netball for 3 years and won the Nonsuch League, Surrey Youth Games and the South East Regional High-5 tournament last season. The girls go to different schools but all train together on alternate Sundays at the Club based at Warlingham Rugby Club.

The girls have experienced such success because of their determination and love of the game. They never give in, even when the score is not in their favour. Their netball skills have improved greatly over the three seasons that they have been playing and their commitment to training has helped enormously with this. We wish the team every success at the awards ceremony.



Hillcrest U11 team with former England Captain, Amanda Newton

## Coaching and officiating

### On the Ball Workshop

Surrey will be hosting an 'On the Ball – Essential Ball Skills for Netball' workshop on Sunday 24<sup>th</sup> February 2013 at Warlingham School from 10.00am – 1.00pm. This workshop focuses on catching and passing skills, observation and analysis of technique and practice design in relation to the development of ball skills.

**Cost:** £25 affiliated members, £35 non-affiliated members

**Tutor:** Lesley Tischler

**Booking:** To book a place on this workshop please contact [Lauraw@englandnetball.co.uk](mailto:Lauraw@englandnetball.co.uk) or tel 07595 863761.

For further information on this workshop and the other England Netball technical skills workshops please visit: [www.englandnetball.co.uk/make-the-game/coaching/coach-workshops](http://www.englandnetball.co.uk/make-the-game/coaching/coach-workshops)



### Surrey Storm Coaching for Coaches workshops



Tamsin Greenway

Learn to coach the Storm way with coaching workshops led by England international Tamsin Greenway. All workshops are for £20.00 for 2 hours and held at Surrey Sports Park, Guildford:

- Monday 12 November: Circle Work – Defence

How the unit works together, including start positions and decision making.

- Monday 10 December: Centre Pass Setups – Attack

How the unit works together, including start positions and decision making.

- Monday 14 January: Centre Pass Setups – Defence

How the unit works together to shut down attacking play.

- Monday 11 February: Timing and Movement – Attack & Defence

The pre movement and timing through the court as an individual and as a unit to get the ball.

- Monday 12 March: SAQ in Netball

Different ideas to integrate into coaching sessions to help improve the individual player, through speed and agility.

To book call Surrey Sports Park on 01483 689111 or email [netball@surreysportspark.co.uk](mailto:netball@surreysportspark.co.uk).

### Confidence in your Coaching Workshop

This is an introduction to coaching the basics of netball. If you are looking for new ideas and practices to keep your sessions interesting – then this workshop is perfect for you.

The workshop will provide coaches with a variety of netball drills and practices around the basic skills of:

- passing & catching
- shooting
- attacking & defence

**When:** Wednesday 31st October 2012

**Time:** 7.00pm – 9.00pm

**Where:** St Georges College, Addlestone, Surrey

**Cost:** £10 .00

**Tutor:** Tamsin Greenway





**To Book:** email [suzannah.laver@surreycc.gov.uk](mailto:suzannah.laver@surreycc.gov.uk) to reserve your space.

**This workshop is suitable for:**

Coaches working towards their Level 1 Coaching Certificate, Newly qualified Level 1 coaches, Back to Netball coaches looking to consolidate their coaching skills to beginners, Young Leaders, Parent Helpers, Non netball specialist teachers.

### **Coach Observation Opportunities**

If you are looking to improve your coaching, Surrey Storm NTL are offering coaches the opportunity to observe training sessions this season. The NTL squad train alongside the senior players on Thursday evenings (8.00pm – 10.00pm) at Surrey Sports Park in Guildford. Training dates for 2012 / 2013 are:

November: 1st, 8th, 15th, 22nd, 29th

December: 6th, 13th

January: 10th, 17th, 31st

February: 14th, 21st, 28th

March: 7th, 14th, 21st, 28th

By attending these sessions you will:

- Observe high performance coaches
- Gain new practice ideas
- Observe high performance players in a training environment
- Q&A opportunities



Emma Blackmore, Surrey Storm NTL head coach

If you would like to attend the sessions please contact Emma Blackmore, Talent Head Coach:

[e.j.blackmore@hotmail.co.uk](mailto:e.j.blackmore@hotmail.co.uk).

### **Officiating**

Officiating courses in Surrey are run by Surrey County Netball Association. If you would like to attend an officiating course please contact the SCNA course administrator, Jane Reuben: [jane@southmont1.plus.com](mailto:jane@southmont1.plus.com).

All officiating courses in the region are also listed on the officiating pages of the London and south east website: [www.londonandsoutheastnetball.co.uk](http://www.londonandsoutheastnetball.co.uk).



## **Funding**

### **Surrey County Netball Association small grants scheme**



Surrey County Netball Association supports clubs and individual players / umpires / coaches by offering a Small Grant Scheme. Grants will be available for:

- Equipment / Education / Assistance towards participation in national competition, either for individuals or a club

For an application form and guidance please visit the funding pages of the Surrey County Netball Association website: [www.surreynetball.co.uk](http://www.surreynetball.co.uk).

### **Sutton & Merton Coaches Bursary**

PRO-ACTIVE South London are offering 50 coaches a bursary of up to £200 for any National Governing Body recognised Leadership or Level 1 qualification.

To qualify for the funding all you would need to do is:

- Provide 10 hours voluntary coaching in Sutton or Merton



- Attend a free Sport Makers workshop
- Register and complete a quick profile on [coachinglondon.org](http://coachinglondon.org)
- Find a course that commences prior to 31 March 2013

If are interested and eligible, please email [brian@pro-activesouthlondon.org](mailto:brian@pro-activesouthlondon.org) for further details.

## Other useful contacts



**Surrey County Netball Association:** [www.surreynetball.co.uk](http://www.surreynetball.co.uk)

The Surrey County Netball Association are the voluntary voice of netball within Surrey and south west London. Follow us on twitter: @surreynetball



**England Netball London and SE Region:** [www.londonandsoutheastnetball.co.uk](http://www.londonandsoutheastnetball.co.uk)

There are nine Regional Units in England covering the separate regions across the country. Each unit has a full-time Regional Manager and a Regional Support Staff. Working alongside their elected County and Regional Management Boards (RMBs), the Units develop and facilitate the delivery of all aspects of netball within their region.



**England Netball:** [www.Englandnetball.co.uk](http://www.Englandnetball.co.uk)

England Netball is the governing body for netball in England and operates over nine regions. Surrey and south west London is part of the London & southeast region.



**Surrey Storm:** [www.surreystormnetball.co.uk](http://www.surreystormnetball.co.uk)

Surrey Storm are our local Netball Superleague team. The Netball Superleague is made up of the top eight teams in England & Wales and shown weekly on Sky Television.



**Active Surrey:** [www.activesurrey.com](http://www.activesurrey.com)

Active Surrey acts as the local **strategic delivery agency** for Surrey, supporting the County Sports Partnership (CSP), which represents the local delivery network of public, private and third sector providers of sport and physical activity.



**Proactive South London:** [www.pro-activesouthlondon.org](http://www.pro-activesouthlondon.org)

Pro-Active South London (P-ASL) is a partnership of organisations with a common interest in developing sport and physical activity in the London boroughs of Bromley, Croydon, Kingston-upon-Thames, Merton, Richmond-upon-Thames, Sutton and also Wandsworth.



**Pro-active Central London:** [www.pro-activecentrallondon.org](http://www.pro-activecentrallondon.org)

PRO-ACTIVE Central London is one of five sub-regional sport and physical activity partnerships operating across Greater London covering the boroughs of Camden, Islington, Kensington & Chelsea, Lambeth, Southwark, Wandsworth and the City of Westminster.

Laura White

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