



# Centre Pass



October 2010 edition

Welcome to Centre Pass, the newsletter for netball in Surrey and southwest London. This edition covers: Club and school news, Leagues, Awards and recognition, Coaching & officiating, Funding, Participation, Events and Talent development.

## Who's who in netball

Laura Wilson is the Surrey and southwest London Netball Development Officer, based at Surrey Sports Park in Guildford. If you want to find out more information on netball clubs, competitions and training within Surrey and southwest London contact Laura on **tel: 07595 863761** or **email: [lauraw@englandnetball.co.uk](mailto:lauraw@englandnetball.co.uk)** or check out [www.surreynetball.co.uk](http://www.surreynetball.co.uk).

## Club and school news

### Netball World Record

Two Surrey netball teams set a new world record for longest ever netball match on the weekend of 20<sup>th</sup> to 22<sup>nd</sup> August 2010. Breaking the existing record Claygate and New Malden Netball Clubs played for 60 hours and scored nearly 5,000 goals between them, with team purple overcoming the blues by 2,440 to 2,381.

The 24 tired but exhilarated girls finished playing at 7pm on Sunday evening, having started at 7am the Friday before. Equivalent to completing six marathons back to back this was an incredible endurance test for each player both physically and mentally.

The reason for such an attempt was to celebrate the return to court of one of their players, Debbie Middleton after her recovery from cancer last year. "On 15<sup>th</sup> August 2008, at the age of 32, I was diagnosed with Hodgkin Lymphoma which having previously been a fit and healthy person was a bit of a shock. However, I was lucky enough to be treated at the amazing hospital that is The Royal Marsden.

In April 2009, I was given the all clear and decided I wanted to give something back to the place where I had received such excellent care. Netball has always been an important part of my life, even whilst I was ill; in fact it kept me going sometimes. I still went down to support my team, Claygate, even playing a little bit when I was feeling strong enough. When I suggested breaking the world record for the longest netball match to raise money for The Royal Marsden Cancer Campaign the girls were right behind me – although



Claygate and New Malden Netball Club members after achieving the World Record

some might be a little less enthusiastic now! Looking back it was the most incredible example of teamwork that I have ever seen – not just from the 24 players involved but from

the team behind the scenes that helped organise the event, we had such brilliant support from our family, friends and the netball network.”

Not only did the girls finish on a high and break a world record but they've also raised **£61,500** for The Royal Marsden Cancer Campaign, the hospital's charity. If you fancy congratulating the girls their fundraising page is still open at <http://uk.virginmoneygiving.com/team/WorldRecordAttempt>

Thank you's:

The girls would like to thank the following for their very kind support and sponsorship: The Guildford Spectrum, Doughty Hanson, Prepcare Day Nurseries, Surrey County Netball Association, ING, Technical Staffing Solutions, Sarasin & Partners, Company Pictures, Side, Six Physio, Calypso Cricket, LSE sports ground, Powerade, Kingsmill and For Goodness Shakes.

### **Sasha Corbin visits Roundwood NC**



Sasha with Roundwood junior Club Members

Roundwood Netball Club in Surrey was delighted to have the opportunity this summer to train with Bath and England netballer Sasha Corbin. Sasha put the junior section through their paces working on movement, spatial awareness and ball handling skills. The senior squad were taken through game strategy, concentrating on centre court and attacking play. Sasha certainly tested all players both mentally and physically and it was a thoroughly enjoyable evening for everyone at the club. Roundwood would like to thank Sasha for a fantastic experience and a thoroughly valuable training

session. Ellie Ibrahim, junior member said “It was really exciting to have Sasha at our club and she spent time showing us how to be more aware of what is going on around us in the game and some very useful techniques. I think that it is great that she takes time to come and train with us and I hope she comes again.”

### **New Junior Netball Sessions**

**Epsom Oaks Netball Club** used to run successfully in the Epsom 5 years ago, unfortunately the club stopped running due to a change in circumstances and since its demise there has been huge demand for a new club in the area. Earlier this year over 120 participants registered with Epsom & Ewell Council to take part in training for High 5 and Netball as part of the 2010 Surrey Youth Games. Of the 120 registrations only 9 were existing members of a netball club. Nicola Gray, Epsom & Ewell Sports Development Officer wanted to harness this interest and provide opportunities for these girls and so formed a committee of parents, coaches and interested parties to work together to re-establish Epsom Oaks NC. After much hard work the club is now successfully up and running and going from strength to strength. The club is based at the Rainbow Leisure centre in Epsom on a Tuesday, caters for



girls in school years 5 to 10 and already has 30 registered members. If you are interested in joining the club or would like further details please contact [leisuredevelopmentsteam@epsom-ewell.gov.uk](mailto:leisuredevelopmentsteam@epsom-ewell.gov.uk) or call 01372 732000. The club are still in need of more coaching support and has funding to aid coach development, please get in touch if you would be interested.

**Wandsworth Junior Netball Club** was formed 10 years ago and has a fun and supportive ethos where membership strive to have fun whilst playing to the best of their ability. The club has introduced a junior section this season which provides much needed junior provision for youngsters in Wandsworth. The club train at Emmanuel School, Battersea on a Tuesday evening from 6.30pm – 7.30pm. For more information on the club please contact Shola on [shola.ar@gmail.com](mailto:shola.ar@gmail.com) or tel 07725 648720.



## England Netball Young Leaders Camp

In August Amy Robinson from Chequers Netball Club attended the England Netball Young Leaders Camp in Reading. This camp involved 150 young people from all over the country from three different sports; netball, athletics and gymnastics. Those who applied had to demonstrate their commitment to volunteering and set out their aspirations as a volunteer and show their desire to succeed. With 50 people chosen from each sport the camp had great variety. Amy explains the set up, 'We were put into mixed teams, each team representing an Olympic city. This gave us the chance to share ideas and experiences with other young leaders from different backgrounds. Over the few days we took part in training sessions for our own particular sport including umpiring and coaching and I was able to train with Sue Hawkins, the current England netball coach. In our teams we had various workshops to develop leadership and communication skills and learned how to encourage young people into sport. At the end of the four days there was an award ceremony and I was presented with the award for Leading by Example. Application forms for the 2011 Leadership Camp will be available from May 2011, please contact Laura Wilson for more information tel: 07595 863761 or email: [lauraw@englandnetball.co.uk](mailto:lauraw@englandnetball.co.uk).



Amy (second left) with other camp attendees

## Leagues

### Surrey County U16 League

The Surrey U16 club league moved to its new home of Surrey Sports Park, Guildford this season. The league is now played indoors and has two divisions of 8 teams. This league provides top level match play to U16 club players in Surrey on 7 Sunday mornings over the course of the season. For league information including details of participating teams, fixtures and results please visit the Surrey County Netball Association website [www.surreynetball.co.uk](http://www.surreynetball.co.uk).



### Nonsuch Junior League

This is the third season of the Nonsuch Junior league and once more the league has grown to cater for the increasing demand for junior competition in the county. The league now comprises 47 teams from 14 clubs in the U12 to U15 age groups and a separate High-5 section comprising a further 12 teams. The league is based at Nonsuch High school in Cheam and relies on a team of volunteers from participating clubs to run successfully.

### Superleague

Due to the Commonwealth Games the Netball Superleague season kicks off a little later this season, with matches starting in January 2011.



Surrey Storm players Tamsin Greenway and Rachel Dunn

Last year saw Surrey Storm, the new London and South East Franchise take the Superleague by Storm finishing the regular season top of the league and dominating much of the season in their first campaign as a new look team. Now Surrey Storm, based at the multi-million pounds Surrey Sports Park in Guildford look ahead to another exciting season challenging for the Superleague title.

Surrey Storm player, Tamsin Greenway has just returned from the Commonwealth Games in Delhi, "I am delighted to come away from my first Commonwealth Games with a medal! Admittedly we were all playing for gold, but after a tough semi-final with Australia, the big win



against Jamaica was a great finish to the tournament. We wanted to prove our class and come home with a coveted Commonwealth medal. Looking forward, I can't wait to get into training with Surrey Storm. We start up again in a couple of weeks, so I've got a little time to rest and prepare to hit the Superleague running again"



Surrey Storm match tickets, season tickets and group packages are available NOW from the Surrey Storm website: [www.surreystormnetball.co.uk](http://www.surreystormnetball.co.uk).

## Awards and Recognition

### Surrey Lions Awards

Surrey County Netball Association held their second Lion Awards this summer to say a massive thank you to its huge volunteer workforce. The awards were presented at the SCNA AGM and there were winners in 5 categories. Many congratulations to all the winners:

**Senior Coach of the Year – Sara Marsh, Roundwood NC**

**Senior Coach Runner Up – Tony Grant, Omega NC**

**Junior Coach of the Year – Tina Hillson, Dorking NC**

**Junior Coach Runner Up – Julie Mayo, Hillcrest NC**

**Young Netballer of the Year – Alice Lines, Cobham NC**

**Netball Teacher of the Year – Rachel Legg, Guildford High School**

**Long Service Awards – Edith Skelton, Oxshott NC**

Nominations are now open for the 2011 awards, please visit the Surrey County Netball Association website for further details or to download a nomination form: [www.surreynetball.co.uk](http://www.surreynetball.co.uk).



Edith Skelton (right) Long Service Award winner with Carol McGrail, County Chair

### Netball success

Congratulations to.....



**Laura Quinn**, team manager of the Spelthorne Netball Team who was named 'Team Manager of the Games' at the 2010 Surrey Youth Games.

**Patricia Balcombe** of Surrey Heath NC who was awarded the 'Outstanding Service to Sport Award' at the Surrey Heath Sports Awards.

The **Croydon Youth Games Netball Team** who were awarded 'Team of the Year' at the Croydon Sports Awards and team managers Julia Martin, Nicky Clarke and Cara Smith who were nominated for Team Manager of the year.

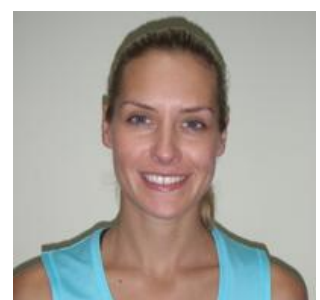
## Coaching and officiating

### Tamsin Greenway Coaching Workshops

Tamsin Greenway has been a member of the England squad since 2004 and was part of the bronze medal winning Commonwealth Games squad. Tamsin is also a member of the Surrey Storm superleague netball team and has two superleague winners medals from her time with Team Bath.

Tamsin will be delivering two coaching workshops in Surrey for teachers and coaches which will provide practical skills, drills and progressions in focus areas.

**Tuesday 9th November 2010 – Focusing on Centre Pass Strategies**



Tamsin Greenway

Felton Fleet School, Byfleet Road, Cobham, Surrey, KT11 1DR, 7.30pm – 9.30pm

**Tuesday 23rd November 2010** – Focusing on Circle Attack

Surrey Sports Park, University of Surrey, Guildford, GU2 7HD, 4.00pm – 6.00pm

£10 affiliated / £15.00 non affiliated.

To book a place contact Laura Wilson tel: 07595 863761 or email: [lauraw@englandnetball.co.uk](mailto:lauraw@englandnetball.co.uk).

### Future Workshops and Coaching Courses...

A UKCC Level 1 coaching course is currently being planned for Croydon in April / May 2011 and another in the Guildford or Leatherhead area for July / August 2011. For more information on the UKCC courses please visit the UKCC pages of the England Netball website: [www.englandnetball.co.uk/coaching](http://www.englandnetball.co.uk/coaching)



Surrey will also be hosting two further England Netball coaching workshops between January and May 2011:

**Getting Physical: Strength and Conditioning for Netball**

**On the Ball: Essential Ball Skills for Netball.**

These are three hour practical workshops that provide teachers and coaches with a better understanding of the specific areas of player/game development, the toolkit to analyse the correct technique and fresh ideas for building coaching practices and sessions.

To be added to the course mailing list please contact Laura Wilson email: [Lauraw@englandnetball.co.uk](mailto:Lauraw@englandnetball.co.uk) or tel 07595 863761.

### Officiating

Officiating courses in Surrey are run by Surrey County Netball Association. The next Beginner Umpire course will be held on **Sunday 31<sup>st</sup> October 2010** and the next C Award Course will be held on **Sunday 7<sup>th</sup> November 2010**.

If you would like to attend an officiating course please contact the SCNA course administrator, Jane Reuben: [jane@southmont1.plus.com](mailto:jane@southmont1.plus.com) for details of upcoming courses.



### Youth Umpire Award



England Netball have introduced a new leadership award aimed at 13 – 18 year olds to promote the development of Youth Officiating. This award has been designed specifically for young people and will introduce them to the generic skills of umpiring. This is a 6 hour course with a practical assessment.

To be able to deliver this award teachers need to attend a teacher orientation workshop.

The next teacher orientation workshop is to be held in Richmond on **Friday 17<sup>th</sup> November 2010** from 4.30pm – 7.30pm. If you would like to book a place on this workshop please contact Laura Wilson email: [Lauraw@englandnetball.co.uk](mailto:Lauraw@englandnetball.co.uk) or tel 07595 863761.

## Talent Development

### England Netball Excel Programme

Congratulations to the 28 girls that were selected into the Surrey U18 & U16 County Academy for this season. Special congratulation to the following 11 girls who have also been selected into the London & SE Regional squad:

Alice Lines – St John’s School / Cobham NC  
 Alima Priest – Coloma Convent / Howard and Shirley NC  
 Charlotte Carbery – Cheam High School / Cobham NC  
 Georgina Cripps – St John’s School / Cobham NC  
 Harriet Shaw – Caterham / Skylarks NC  
 Holly Wilson – Lady Eleanore Holles / The Downs NC  
 Katy Lynch – Godalming College / Cobham NC  
 Lara Davison – Guildford County / Cobham NC  
 Luci Delaney – Guildford High School



County Academy Squad

Lucy Gumbiti-Zimuto – Guildford High School / Guildford NC  
 Sharifah Burford – Coloma Convent / Sabina NC

A full list of County Academy squad members can be found on the netball pages of the Surrey Netball website: [www.surreynetball.co.uk](http://www.surreynetball.co.uk).

### **Superleague Talent Team**

Congratulations also to the following 5 Surrey girls who were selected into one of the National Talent League (NTL) squads for this season:



#### **Surrey Storm NTL:**

- Alice Lines – Cobham NC / St John’s School
- Georgina Cripps – Cobham NC / St John’s School

#### **Team South NTL:**

- Charlotte Carbery – Cobham NC / Cheam High School
- Danielle Dubois – Guildford NC / George Abbott School
- Holly Wilson – Whitton NC / Lady Eleanor Holles School

The National Talent League (NTL) features ten regionally based teams of young netballing stars, including eight teams linked to existing Netball Superleague franchises, with two further sides, based in the South region and the West Midlands. Each team will play nine matches during the season. The league was created to provide an opportunity for England’s most promising young netballers to hone their skills and impress the national selectors en route to the senior game. We wish these girls the best of luck this season and look forward to seeing them on court! Please visit the Surrey Storm and Team South websites for match information and tickets: [www.surreystormnetball.co.uk](http://www.surreystormnetball.co.uk) and [www.netballsouth.co.uk/talent](http://www.netballsouth.co.uk/talent)

## **Events**



### **International Test Series – England vs. New Zealand**

In January 2011, England will once again return to International netball action and this time take on Commonwealth Games Gold medallists, New Zealand. Last year’s games against Australia provided an amazing spectacle for the sell out crowd and the electric atmosphere promises to once again showcase international netball at a fantastic



speed and at its most skilful. England v New Zealand is part of a three game series and vital for both teams in their preparations for the World Netball Championships in Singapore in July 2011. This match will display some of the best players in the world demonstrating netball of the highest quality and showcasing technical skill and ability at a fantastic pace. England will be playing at the O2 arena, London on Wednesday 19<sup>th</sup> January 2011, tickets are available by visiting the O2 website [www.theo2.co.uk/event](http://www.theo2.co.uk/event) or by calling 0844 856 0202 for the box office.

## Participation

### Back to Netball

Back to Netball is growing in strength in Surrey since the introduction of the programme earlier this year. Back to Netball provides a gentle introduction to the sport for female players over sixteen years of age that would like to return to the game or are new to the game. Sessions are coach led and cover basic skill development and court play. The emphasis of these sessions is on learning new skills and having fun playing Netball with friends. Whether it is about rediscovering sporting abilities you forgot you had or about getting active, these sessions cater for all abilities.

Currently the following Back to Netball sessions are running in Surrey:

- **Croydon:** Chequers NC, Croydon High School, Wednesdays, 7.30 pm – 9.00 pm, £3.00 per session.
- **Epsom:** Blenheim High School, Mondays, 7.00pm to 8.00pm, £3.00 per session.
- **Kingston:** Kingston Uni Tolworth Sports Ground, Wednesdays 7.00pm – 8.00pm, £2.50 per session.
- **Lambeth:** Crown Lane School, Wednesdays, 5.30 pm – 7.00 pm, £1.00 per session.
- **Lambeth:** Kennington Park, Mondays, 5.30 pm – 7.00 pm, £1.00 per session.
- **Southwark:** Elephant and Castle Leisure Centre, Fridays, 6.00pm – 7.00pm, £1 per session.
- **Woking:** Winston Churchill School, Thursdays, 7.15pm – 9.00pm, £5.00 per session.

If you would like to be added to the Back to Netball mail list for details of future sessions, or if your club / facility would be interested in providing Back to Netball sessions please contact Laura Wilson for more details on tel: 07595 863761 or email: [lauraw@englandnetball.co.uk](mailto:lauraw@englandnetball.co.uk).



## Funding

### Surrey County Netball Association small grants scheme

Surrey County Netball Association supports clubs and individual players / umpires / coaches by offering a Small Grant Scheme. Grants will be available for:

- Equipment
- Education
- Assistance towards participation in national competition, either for individuals or a club



For an application form and guidance please visit the news pages of the Surrey County Netball Association website: [www.surreynetball.co.uk](http://www.surreynetball.co.uk)

## Other useful contacts



**Surrey County Netball Association:** [www.surreynetball.co.uk](http://www.surreynetball.co.uk)

The Surrey County Netball Association are the voluntary voice of netball within Surrey and south west London.



**England Netball London and SE Region:** [www.londonandsoutheastnetball.co.uk](http://www.londonandsoutheastnetball.co.uk)

There are nine Regional Units in England covering the separate regions across the country. Each unit has a full-time Regional Manager and a Regional Support Staff. Working alongside their elected County and Regional Management Boards (RMBs), the Units develop and facilitate the delivery of all aspects of netball within their region.





**England Netball:** [www.Englandnetball.co.uk](http://www.Englandnetball.co.uk)

England Netball is the governing body for netball in England and operates over nine regions. Surrey and south west London is part of the London & southeast region.



**Surrey Storm:** [www.surreystormnetball.co.uk](http://www.surreystormnetball.co.uk)

Surrey Storm are our local Netball Superleague team. The Netball Superleague is made up of the top nine teams in England and shown weekly on Sky Television.



**Active Surrey Sports Partnership (ASSP):** [www.activesurrey.com](http://www.activesurrey.com)

The Active Surrey Sports Partnership continues to support Surrey's volunteers and professionals. ASSP is the strategic sports development lead and aims to make Surrey a more successful and active sporting county.



**Proactive South London:** [www.pro-activesouthlondon.org](http://www.pro-activesouthlondon.org)

Pro-Active South London (P-ASL) is a partnership of organisations with a common interest in developing sport and physical activity in the London boroughs of Bromley, Croydon, Kingston-upon-Thames, Merton, Richmond-upon-Thames, Sutton and also Wandsworth.



**Pro-active Central London:** [www.pro-activecentrallondon.org](http://www.pro-activecentrallondon.org)

PRO-ACTIVE Central London is one of five sub-regional sport and physical activity partnerships operating across Greater London covering the boroughs of Camden, Islington, Kensington & Chelsea, Lambeth, Southwark, Wandsworth and the City of Westminster.

**Laura Wilson**

Surrey & SW London Netball Development Officer

Surrey Sports Park, University of Surrey, Guildford, GU2 7AD

[lauraw@englandnetball.co.uk](mailto:lauraw@englandnetball.co.uk)

07595 863761